Shalom Fellowship International 4001 14th Street Detroit, MI 48208



Dr. Gertrude Stacks, D.H., D.D.

November 12, 2018

#### It's Time to Seek the Lord

Sanctify ye a fast, call a solemn assembly, gather the elders and all the inhabitants of the land into the house of the Lord your God, and cry unto the Lord. Alas, for the day of the Lord is at hand, and as a destruction from the almighty shall it come (Joel 1:14-16).

On Sunday, November 11, 2018, the word of the Lord came unto me saying that God is going to execute judgment in the land by sending a chastisement-disease to the Body of Christ and to all who are at ease in Zion.

In order to be covered from the wrath of God's judgment, the church must do exactly what He is saying to us. God wants us to get everything straight and clear our lines with Him. He is commanding us to remove all evil from His eyes as mentioned in Isaiah 1:16, "Wash you make you clean put away the evil of your doings from before mine eyes; cease to do evil; learn to do well." We must now go back and complete all the things we've neglected to do. God wants the old leaven purged out as mentioned in 1st Corinthians 5:7.

Therefore, we will start by preparing our hearts and minds to seek the Lord by supplication, prayer and fasting. We will give ourselves one week of preparation. During this time, we should repent and get our affairs in order. Then, we will present our bodies to God in a sacrificial seek that we will do of our own free-will up until December 31, 2018. This is an individual matter. God is saying, "Come, my people, enter thou into thy chamber, and shut the doors about thee: hide thyself as it were for a little moment, until the indignation be overpast. For, behold, the Lord cometh out of His place to punish the inhabitants of the earth for their iniquity (Isaiah 26:20)."

In rededicating our lives to Him, God has already given the seven things that He requires of us to purge. That list is attached to this letter along with additional instructions that can be found in the Consecration Guidelines for Conduct, Formula to Straight Street and recommended Diets for Consecration.

As Pastor and seer over the sheepfold of God, I am hopeful that all instructions are followed wholeheartedly as unto the Lord. God has said in His word, that if we seek Him, we shall find Him, and God is no respecter of persons. - Acts 10:34.

May the God of peace bless you and keep you in His perfect will.

Yours in Christ Jesus,

As Gertrade Stacks

Dr. Gertrude Stacks, D.H., D.D.

# Rededication

Dr. Gertrude Stacks, D.H., D.D. April 20, 2018

### **Seven Things God Requires of Us to Purge**

- 1. House
- 2. Car
- 3. Phone
- 4. Time
- 5. Your Body
- 6. Your Mouth
- 7. People

**Scriptures:** I Corinthians 5:7; Isaiah 1:11 and Acts 22:16 Pay your debt so that I can vindicate you saith the Lord.

## **Vow Scriptures:**

Deuteronomy 23:21-23

When thou vow a vow unto the LORD - pay it.

Ecclesiastes 5:1-7 - Be not rash with thy mouth. Don't utter anything before God.

Number 30:2 - If a man vow a vow, he shall not break his word. If he does, it binds his soul.

Genesis 28:20 - Jacob vowed a vow unto God for provisions.

Numbers 21:2 - Israel vowed a vow to God for victory over his enemy.

Judges 11:30-35 - I opened my mouth unto the Lord and can't take it back.

I Samuel 1:11 - Hannah vowed a vow in her affliction.

Jonah 1:16 - The men feared God and made a sacrifice and vowed a vowed.

Acts 18:18 - Paul made a vow.

Thompson Chain Reference Scripture - Matthew 5:33

## **Dedication Scriptures:**

- 1 Chronicles 26:27 Dedicate the spoil won to the house of the Lord.
- 2 Chronicles 2:4 Build a house to dedicate to God.
- 2 Chronicles 5:1 Finished the house of the lord and dedicate to him these things.
- 2 Chronicles 7:4-16 They kept the dedication of the altar seven days God sanctified the house that his name may be there forever.
- 2 Samuel 8:10-11 David dedicated silver and gold unto the Lord.

Deuteronomy 20:2-5 - Dedicate your house to God before you go to battle.

I King 8:61-66 - Dedicate the house of the Lord with sacrifices and perfect heart.

I King 15:11-15 - Dedicate things to the house of the Lord.

# Consecration Guidelines for Conduct

The abbreviation e.g. stands for example The abbreviation i.e. is used to explain an idea more clearly

- 1. Study to be quiet (e.g. stay off your phone) Quiet your world to hear from GOD.
- 2. No Criticism (i.e. seeking to find error or wrong with something or someone with determination to point it out to someone else or others.)
- 3. No Fault Finding (e.g. don't find blame or discuss someone's faults, problems or weaknesses.)
- 4. No Judging (i.e. to form an opinion that is based on your opinion and not God's.)
- **5. No Murmuring** (i.e. cease to speak or mutter to oneself repeatedly about a matter or unpleasant issue.)
- **6.** No Complaining (i.e. to expression dissatisfaction with something or someone.)
- 7. Remove all Idols from His Eyes (e.g. cable TV, Internet and Social Media Entertainments: Facebook, Messenger, Instagram, Twitter and Kik.)
- **8. Don't Meddle** (e.g. Stay out of other folks' matters and affairs.)
- **9. Don't Mix** (Do only what is instructed for the consecration and do not mix God's instructions with your mindset, roaming, visiting or with a lot of natural things.)
- **10. Obedience is the Key to the Outpour of His Deliverance** (Do the Formula and obey what God has instructed. You can go as far as you want to go in God.)
- 11. Just Believe to Receive (Believe God's word and stand on it.)
- **12. Must Be Faithful and on Time** (e.g. be on time for church and be on time for the assigned job that God has given you.)

Respectfully Submitted,

As Hertrade Stacks

Dr. Gertrude Stacks, D.H., D.D.

Date Approved/Revised: 9-24-2012 Approved By: Dr. Gertrude Stacks

# Formula to Straight Street

"Doing the Basics"

# **Seeking God for the Great Outpour**

## 1. Clear your Line

To clear your line is to get everything straight and in order. Everything that you know that is wrong, stop doing, and whatever God puts in your spirit to do, you must follow those personal instructions.

#### 2. Tell the Devil. No!

To tell the devil no is to refuse to sin. Tell him no and pick up your will and fight. Anything that you don't feed will eventually die. If you refuse to feed ungodly habits and cravings, they will die. You fight the flesh and the devil with the word of God and with your obedience. The more you obey and resist the devil, the more spiritual ground you will gain.

#### 3. Get in the Closet and Shut the Door

The closet is your designated place to pray. It's your seek place; where you go to talk with the Lord. This is your time with God. Put in time with Him. The more time you put in with God through obedience and prayer, the quicker you will advance in Him.

# 4. Do the Necessity Things

The necessity things only consist of the things that are absolutely necessary to do. Necessity things consist of cooking, cleaning, paying bills, taking care of your children and spouse. Follow the formula and adhere to doing only the necessity things.

#### 5. Plan your Day

Plan your day out and stick to your plan. Plan to make each day count with God. Have a scheduled prayer and study time. Also, plan to have quiet time with God to mediate and reflect on the teachings and your spiritual growth. Set spiritual goals for yourself when you plan your day.

#### 6. No Third Party

No third Party means that God wants you to himself and he wants you to be by yourself; no third person: just you and Him. No socializing, going out with friends or family members. When God calls you to Himself, he calls you and you alone in order to condition, groom and position you to be the person that He is determined to form. He cannot do this if you are clinging to and hanging on to people.

#### 7. Quiet Your World

Quietness carries excellence. To be quiet is to have your world free from noise and distractions. To be quiet carries no protest or outcry about anything. It requires discipline and work. You must first learn to stay off the phone and the social websites. Turn off the cable TV and play your spiritual CD/DVDs in moderation.

# **Consecration Diet**

Daniel's decision not to eat the king's meat was an outward statement of the inward commitment he had made to GOD.

Prepare yourself mentally and physically to break all habits of weakness, idleness, foolishness, etc. Sit down and count up the cost to make sure you're doing what you said to God, so that the glory of the Lord will be your rereward. Work on getting fit by exercising. Go to the gym. Choose a consecration method of your choice to humble yourself before. For those who have illnesses and health challenges, seek the professional advice of your physician or dietitian for consecration meal planning.

For all others, you can choose to juice, eat one meal a day, fast a day then eat a day. Ensure that you pray throughout the day and stay on the formula: plan your day, do the necessity things, no third party, get in your closet and talk to God: not people and quiet your world. Make sure you repent to those you have an aught with and those you have offended so that your days may count with God. Matthew 5:23-24

#### **FOCUS**

A fast is a spiritual disciple designed to better connect us with GOD. As a church, we are fasting in order to deepen our relationship with GOD and to walk in step with His plan and purpose. The best way to do this is to redirect our food source. This is accomplished through substituting our regular food intake with bible reading, praying and journaling. The overall goal is to experience a genuine hunger for spending time with GOD.

# Below are consecration suggestions for foods to eat:

WHOLE GRAINS: Brown Rice, Oats, and Barley

LEGUMES: Dried Beans, Pinto Beans, Split Peas, Lentils, Black Eyed Peas

**FRUITS:** Apples, Apricots, Bananas, Blackberries, Blueberries, Boysenberries, Cantaloupe, Cherries, Cranberries, Figs, Grapefruit, Grapes, Guava, Honeydew Melon, Kiwi, Lemons, Limes, Mangoes, Nectarines, Papayas, Peaches, Pears, Pineapples, Plums, Prunes, Raisins, Raspberries, Strawberries, Tangelos, Tangerines and Watermelon

**VEGETABLES:** Artichokes, Asparagus, Beets, Broccoli, Brussels Sprouts, Cabbage, Carrots, Cauliflower, Celery, Chili Peppers, Corn, Cucumbers, Eggplant, Garlic, Ginger Root, Kale, Leeks, Lettuce, Mushrooms, Mustard Greens, Okra, Onions, Parsley, Potatoes, Radishes, Rutabagas, Scallions, Spinach, Sprouts, Squashes, Sweet Potatoes, Tomatoes, Turnips, Watercress, Yams, Zucchini, Seeds, Nuts, Sprouts

**MEATS:** Baked or Broiled Chicken, Fish or Lamb (in small quantities)

**STARCHES:** Pasta, Rice (in small quantities)

**LIQUIDS:** Water (as much as possible), Unsweetened Soy Milk, Herbal (caffeine Free) Tea, Natural Fruit Juice (no added sugar)

Extra-Virgin Olive Oil (small quantities), Honey. For protein, you can have seafood, fish, steak or lamb (small quantities) once a week and eggs three times a week. Suggested herbs: megafood daily one multivitamin, omega 3's, flaxseed oil and aerobic life mag 07.

I beseech you by the mercies of God to grasp hold to faith, don't look back and run!

In His Service,

As Gertrade Stacks

Dr. Gertrude Stacks, D.H., D.D.